

What if... someone asked you if you felt abundant, if you were ALIVE and EXCITED about your life...

Could you say, YES?

What if... you were WORTHY of something greater than you ever thought possible? Worthy of a PASSIONATE, freedom filled, exuberant life of LOVE...

What if you were lied to instead?

This literary rollercoaster, supported by the framework of an unlikely friendship, carries you steadily up to a point and then sends you plummeting into the depths of unexpected spiritual understanding. With gut-wrenching HONESTY and sometimes hilarious CANDOR, you can discover the apple you were fed. You can find REAL fulfillment.

The Apple You Were Fed is insightful, intriguing and effective. It also hurts because it speaks truth about the church as well about our culture. As I read this book, I realized that Kim and Andrea had clear insights into their lives and that those insights could translate to people around us. So as they've fed me, I encourage you - to help you with your hunger for truth.

Dr. Brent Allen - Sr. Pastor, The Old North Church of Canfield, Ohio

The Apple You Were Fed is a powerfully written book in which first time authors, Kimberly Lisowski and Andrea Pouliot, share heartfelt stories that serve as a catalyst for change and self reflection that will touch the hearts and emotions of all readers who will relate the anecdotes to their own lives and in so doing gain personal insight. If one is looking to read a book that spiritually inspires, motivates, and encourages, *The Apple You Were Fed* is a must read that is good to the core.

Dr. Robert Dunnerstick - Professor of Education, Walsh University

"Tear." I like this concept; it made me think. It was fabulous to see the experience through two sets of eyes. I would be honored, once published, to have a copy of your book on my book shelf.

Sherry James - Editor, The Christian Pen

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